**Second Level. Primary 7. Lesson 2. Support Material: Agony Aunt Letters**

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| **Dear Agony Aunt**  **I have smoked for 15 years and I am now pregnant. I know that smoking can harm my baby and I really want to quit as soon as possible. What can I do?** |

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| **Dear Agony Aunt**  **I have smoked for 25 years and I now have a grandson. I want to quit for him but I am not sure how to. What help is there?** |

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| **Dear Agony Aunt**  **I have now tried to stop smoking 5 times and just don’t seem to be able to give up for good. I really need some help this time.** |

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| **Dear Agony Aunt**  **I am 18 and have been smoking for 3 years. I want to quit but don’t know how to go about it. Can you help?** |